

## **Ephesians 1: 3-10** *“The Eulogy of God”*

**Eulogy** comes from the Greek word *EUAOYEW* (eulogeo) meaning eloquence and fine speaking in **praise** of someone.

I dare say that many today however begrudge God to give Him any praise at all. I mean what has He done for me lately.

**How often do you praise God?**

**Blessings:**

The word blessing is used by the Jewish people of this time to express **kindness** and **thankfulness** and **praise** to God.

**Why Praise God?**

Praise is an appropriate response to the **benefits** that God gives us, mainly salvation. (Psalms 96:1-4; 118:1).

Blessed us in Christ 3-4/ destined us for adoption 5-6/ redemption through His blood 7-8a/ Knowledge of God's will unites all things to Christ 8b-10/ Gentiles are included in inheritance 13-14/ The entire creation now is brought into unity with Christ /

**What benefits do we receive because of praise?**

1: Sins forgiven

2: **adoption**

3: spiritual blessings

Anne Lamott said that she had two basic prayers. *“help, help, help, and thank you, thank you, thank you”*.

Our calling and chief end is to **praise** God.

Praise however comes from a **thankful** heart. The reason we may struggle with giving God praise is that we are not truly thankful.

Before we praise today we may need to stop and close our eyes and really thank God for our lives, health, wealth, family, and friends. This kind of thankfulness is contagious and will have an immediate result in bringing joy not only to God- the one worthy of our praise, but a side result of joy in our own hearts.